

ISSN 2518-1629 (Online),
ISSN 2224-5308 (Print)

ҚАЗАҚСТАН РЕСПУБЛИКАСЫ
ҰЛТТЫҚ ҒЫЛЫМ АКАДЕМИЯСЫНЫҢ
С. Ж. Асфендияров атындағы Қазақ ұлттық медицина университеті

Х А Б А Р Л А Р Ы

ИЗВЕСТИЯ

НАЦИОНАЛЬНОЙ АКАДЕМИИ НАУК
РЕСПУБЛИКИ КАЗАХСТАН
Қазақстан Республикасының
Ғылым Академиясының
С. Ж. Асфендияров атындағы
Қазақ ұлттық медицина университеті

NEWS

OF THE NATIONAL ACADEMY OF SCIENCES
OF THE REPUBLIC OF KAZAKHSTAN
Asfendiyarov
Kazakh National Medical University

**SERIES
OF BIOLOGICAL AND MEDICAL**

1 (343)

JANUARY – FEBRUARY 2021

PUBLISHED SINCE JANUARY 1963

PUBLISHED 6 TIMES A YEAR

ALMATY, NAS RK

Бас редактор

НҮРҒОЖИН Талғат Сейітжанұлы, медицина ғылымдарының докторы, профессор, ҚР ҰҒА корреспондент мүшесі (Алматы, Қазақстан) Н = 10

РЕДАКЦИЯ АЛҚАСЫ:

БЕРСІМБАЕВ Рахметқажы Ескендірұлы (бас редактордың орынбасары), биология ғылымдарының докторы, профессор, ҚР ҰҒА академигі (Алматы, Қазақстан) Н = 12

ЖАМБАКИН Қабыл Жапарұлы (бас редактордың орынбасары), биология ғылымдарының докторы, профессор, ҚР ҰҒА академигі (Алматы, Қазақстан) Н = 2

БИСЕНБАЕВ Амангелді Қуанышбайұлы, биология ғылымдарының докторы, профессор, ҚР ҰҒА академигі (Алматы, Қазақстан) Н = 7

ХОХМАНН Джудит, Сегед университетінің фармацевтика факультетінің фармакогнозия кафедрасының меңгерушісі, жаратылыстану ғылымдарының пәнаралық орталығының директоры (Сегед, Венгрия) Н = 38

РОСС Самир, PhD докторы, Миссисипи университетінің өсімдік өнімдерін ғылыми зерттеу ұлттық орталығы Фармация мектебінің профессоры (Оксфорд, АҚШ) Н = 35

ФАРУК Асана Дар, Хамдард Аль-Маджида шығыс медицина колледжінің профессоры, Хамдард университетінің Шығыс медицина факультеті (Карачи, Пәкістан) Н = 21

ТОЙШЫБЕКОВ Мәкен Молдабайұлы, ауыл шаруашылығы ғылымдарының докторы, профессор, ҚР ҰҒА академигі (Алматы, Қазақстан) Н = 2

САҒИТОВ Абай Оразұлы, биология ғылымдарының докторы, профессор, ҚР ҰҒА академигі (Алматы, Қазақстан) Н = 4

ХУТОРЯНСКИЙ Виталий, философия докторы (Ph.D, фармацевт), Рединг университетінің профессоры (Рединг, Англия) Н = 40

БЕНБЕРИН Валерий Васильевич, (бас редактордың орынбасары), медицина ғылымдарының докторы, профессор, ҚР ҰҒА академигі, Қазақстан Республикасы Президенті Іс Басқармасы Медициналық орталығының директоры (Алматы, Қазақстан) Н = 11

ЛОКШИН Вячеслав Нотанович, ҚР ҰҒА академигі, медицина ғылымдарының докторы, профессор, "PERSONA" халықаралық клиникалық репродуктология орталығының директоры (Алматы, Қазақстан) Н = 8

СЕМЕНОВ Владимир Григорьевич, биология ғылымдарының докторы, профессор, Чуваш республикасының еңбек сіңірген ғылым қайраткері, морфология, Акушерлік және терапия кафедрасының меңгерушісі, "Чуваш мемлекеттік аграрлық университеті" Федералдық мемлекеттік бюджеттік жоғары білім беру мекемесі (Чебоксары, Чуваш Республикасы, Ресей) Н = 23

ЩЕПЕТКИН Игорь Александрович, медицина ғылымдарының докторы, Монтана штаты университетінің профессоры (АҚШ) Н = 27

«ҚР ҰҒА Хабарлары. Биология және медициналық сериясы».

ISSN 2518-1629 (Online), ISSN 2224-5308 (Print)

Меншіктеуші: «Қазақстан Республикасының Ұлттық ғылым академиясы» РҚБ (Алматы қ.).

Қазақстан Республикасының Мәдениет пен ақпарат министрлігінің Ақпарат және мұрағат комитетінде 01.06.2006 ж. берілген №5546-Ж мерзімдік басылым тіркеуіне қойылу туралы куәлік.

Мерзімділігі: жылына 6 рет.

Тиражы: 300 дана.

Редакцияның мекенжайы: 050010, Алматы қ., Шевченко көш., 28; 219, 220 бөл.; тел.: 272-13-19

<http://biological-medical.kz/index.php/en/>

© Қазақстан Республикасының Ұлттық ғылым академиясы, 2021

Типографияның мекенжайы: «Аруна» ЖК, Алматы қ., Мұратбаев көш., 75.

Главный редактор:

НУРГОЖИН Талгат Сейтжанович, доктор медицинских наук, профессор, член-корреспондент НАН РК (Алматы, Казахстан) Н = 10

Редакционная коллегия:

БЕРСИМБАЕВ Рахметкажи Искендерович (заместитель главного редактора), доктор биологических наук, профессор, академик НАН РК (Алматы, Казахстан) Н = 12

ЖАМБАКИН Кабыл Жапарович (заместитель главного редактора), доктор биологических наук, профессор, академик НАН РК (Алматы, Казахстан) Н = 2

БИСЕНБАЕВ Амангельды Куанбаевич (заместитель главного редактора), доктор биологических наук, профессор, академик НАН РК (Алматы, Казахстан) Н = 7

ХОХМАНН Джудит, заведующий кафедрой Фармакогнозии Фармацевтического факультета Университета Сегеда, директор Междисциплинарного центра естественных наук (Сегед, Венгрия) Н = 38

РОСС Самир, доктор PhD, профессор Школы Фармации национального центра научных исследований растительных продуктов Университета Миссисипи (Оксфорд, США) Н = 35

ФАРУК Асана Дар, профессор колледжа Восточной медицины Хамдарда аль-Маджида, факультет Восточной медицины университета Хамдарда (Карачи, Пакистан) Н = 21

ТОЙШИБЕКОВ Макен Молдабаевич, доктор сельскохозяйственных наук, профессор, академик НАН РК (Алматы, Казахстан) Н = 2

САГИТОВ Абай Оразович, доктор биологических наук, профессор, академик НАН РК (Алматы, Казахстан) Н = 4

ХУТОРЯНСКИЙ Виталий, доктор философии (Ph.D, фармацевт), профессор Университета Рединга (Рединг, Англия) Н = 40

БЕНБЕРИН Валерий Васильевич, доктор медицинских наук, профессор, академик НАН РК, директор Медицинского центра Управления делами Президента Республики Казахстан (Алматы, Казахстан) Н = 11

ЛОКШИН Вячеслав Нотанович, академик НАН РК, доктор медицинских наук, профессор, директор Международного клинического центра репродуктологии «PERSONA» (Алматы, Казахстан) Н = 8

СЕМЕНОВ Владимир Григорьевич, доктор биологических наук, профессор, заслуженный деятель науки Чувашской Республики, заведующий кафедрой морфологии, акушерства и терапии, Федеральное государственное бюджетное образовательное учреждение высшего образования «Чувашский государственный аграрный университет» (Чебоксары, Чувашская Республика, Россия) Н = 23

ЩЕПЕТКИН Игорь Александрович, доктор медицинских наук, профессор Университета штата Монтана (США) Н = 27

«Известия НАН РК. Серия биологическая и медицинская».

ISSN 2518-1629 (Online), ISSN 2224-5308 (Print)

Собственник: РОО «Национальная академия наук Республики Казахстан» (г. Алматы).

Свидетельство о постановке на учет периодического печатного издания в Комитете информации и архивов Министерства культуры и информации Республики Казахстан №5546-Ж, выданное 01.06.2006 г.

Периодичность: 6 раз в год.

Тираж: 300 экземпляров.

Адрес редакции: 050010, г. Алматы, ул. Шевченко, 28; ком. 219, 220; тел. 272-13-19

www.nauka-nanrk.kz / biological-medical.kz

© Национальная академия наук Республики Казахстан, 2021

Адрес типографии: ИП «Аруна», г. Алматы, ул. Муратбаева, 75.

Editor in chief:

NURGOZHIN Talgat Seitzhanovich, Doctor of Medicine, Professor, Corresponding Member of NAS RK (Almaty, Kazakhstan) H = 10

Editorial board:

BERSIMBAEV Rakhmetkazhi Iskendirovich (deputy editor-in-chief), Doctor of Biological Sciences, Professor, Academician of NAS RK, L.N. Gumilyov Eurasian National University (Nur-Sultan, Kazakhstan) H = 12

ZHAMBAKIN Kabyl Zhaparovich, Professor, Academician of the NAS RK, Director of the Institute of Plant Biology and Biotechnology (Almaty, Kazakhstan) H = 2

BISENBAEV Amangeldy Kuanbaevich (Deputy Editor-in-Chief), Doctor of Biological Sciences, Professor, Academician of NAS RK (Almaty, Kazakhstan) H = 7

HOHMANN Judith, Head of the Department of Pharmacognosy, Faculty of Pharmacy, University of Szeged, Director of the Interdisciplinary Center for Life Sciences (Szeged, Hungary) H = 38

ROSS Samir, Ph.D., Professor, School of Pharmacy, National Center for Scientific Research of Herbal Products, University of Mississippi (USA) H = 35

PHARUK Asana Dar, professor at Hamdard al-Majid College of Oriental Medicine. Faculty of Oriental Medicine, Hamdard University (Karachi, Pakistan) H = 21

TOISHIBEKOV Maken Moldabaevich, Doctor of Agricultural Sciences, Professor, Academician of NAS RK (Almaty, Kazakhstan) H = 2

SAGITOV Abai Orazovich, Doctor of Biological Sciences, Professor, Academician of NAS RK (Almaty, Kazakhstan) H = 4

KHUTORYANSKY Vitaly, Ph.D., pharmacist, professor at the University of Reading (Reading, England) H = 40

BENBERIN Valery Vasilievich, Doctor of Medicine, Professor, Academician of NAS RK, Director of the Medical Center of the Presidential Property Management Department of the Republic of Kazakhstan (Almaty, Kazakhstan) H = 11

LOKSHIN Vyacheslav Notanovich, Professor, Academician of NAS RK, Director of the PERSONA International Clinical Center for Reproductology (Almaty, Kazakhstan) H = 8

SEMENOV Vladimir Grigorievich, Doctor of Biological Sciences, Professor, Honored Scientist of the Chuvash Republic, Head of the Department of Morphology, Obstetrics and Therapy, Chuvash State Agrarian University (Cheboksary, Chuvash Republic, Russia) H = 23

TSHEPETKIN Igor Aleksandrovich, Doctor of Medical Sciences, Professor at the University of Montana (Montana, USA) H = 27

News of the National Academy of Sciences of the Republic of Kazakhstan. Series of biology and medicine.
ISSN 2518-1629 (Online), ISSN 2224-5308 (Print)

Owner: RPA "National Academy of Sciences of the Republic of Kazakhstan" (Almaty).

The certificate of registration of a periodic printed publication in the Committee of information and archives of the Ministry of culture and information of the Republic of Kazakhstan N 5546-Ж, is sued 01.06.2006.

Periodicity: 6 times a year.

Circulation: 300 copies.

Editorial address: 28, Shevchenko str. of. 219, 220, Almaty, 050010; tel. 272-13-19

<http://nauka-nanrk.kz> / biological-medical.kz

© National Academy of Sciences of the Republic of Kazakhstan, 2021

Address of printing house: «Aruna» ST, 75, Muratbayev str, Almaty.

NEWS

OF THE NATIONAL ACADEMY OF SCIENCES OF THE REPUBLIC OF KAZAKHSTAN

SERIES OF BIOLOGICAL AND MEDICAL

ISSN 2224-5308

Volume 1, Number 343 (2021), 47 – 53

<https://doi.org/10.32014/2021.2519-1629.59>

UDC 577.19

Naguman P.N.¹, Zhorabek A.A.¹, Amanzholova A.S.¹, Kulakov I.V.², Rakhimbaeva A.N.¹¹Karaganda Technical University, Karaganda, Kazakhstan;²Tyumen State University, Tyumen, Russia.

E-mail: pnaguman@mail.ru

PHYTONCIDES IN THE COMPOSITION OF COMMON BIRD CHERRY

Abstract. Everyone knows that forest air is very good for health, and one of the most important reasons for this is the presence of phytoncides in it, which kill or suppress pathogens and have a healing effect. Also, phytoncides are one of the factors of the natural immunity of plants (plants sterilize themselves with the products of their vital activity). Their large number is allocated by plants. One of them is the common bird cherry. Cherry-a representative of the genus of plums of the Rosaceae family. The view includes low trees and shrubs. Cheremukha-forest orderly. Its flowers and leaves are rich in phytoncides, thanks to which they exude an alluring aroma. However, when they break down, they release prussic acid, which is dangerous for all living things. This gave them the opportunity to attract and destroy pests. Phytoncides are volatile biologically active substances formed by plants that kill or inhibit the growth and development of bacteria, microscopic fungi, and protozoa. In addition to all of the above, bird cherry has exceptional properties. The strong, somewhat intoxicating scent of flowers and leaves cleanses the air of germs. Antimicrobial properties of phytoncides have led to a large number of studies on their use in medicine, veterinary medicine, plant protection, storage of fruit and vegetable products, in the food industry and other areas of practice.

Almost all parts of the plant have bactericidal, fungicidal and insecticidal properties. In folk medicine, bird cherry has long been used as an astringent, fixing, anti-inflammatory and anti-scurvy agent. Bird cherry produces the most powerful phytoncides containing prussic acid. Protozoa die under the influence of bird cherry phytoncides in 5 minutes. On the basis of numerous studies, the time of death of protozoa after non-contact exposure to phytoncidal plants has been established. Especially a lot of phytoncides are released by young leaves in spring and summer, in autumn phytoncides are released much less.

The presence of tannins and essential oil in the fruit has an anti-inflammatory effect, which is used to treat inflammatory processes in the gastrointestinal tract and dysentery. The infusion of cherry fruits has a destructive effect on microorganisms. Preparations of the fruits of the common cherry have an antiseptic effect. They are used in dental practice in the treatment of inflammatory processes of the oral mucosa, paradontosis, toothache and hypovitaminosis.

Key words: Bird cherry, phytoncides, plant, bacteria, protozoa, useful properties.

Introduction

Bird cherry is a representative of the Plum genus of the Rosaceae family. The species includes low trees and shrubs. The trunk of the plant is covered with dark gray bark with occasional rusty and brown spots. The young leaves are green, glistening with gold. The old ones are dull. The flowers on the pedicels are small, white and very fragrant. The fruit is a black drupe. Bird cherry is a forest orderly. Its flowers and leaves are rich in phytoncides, thanks to which they exude an alluring aroma. However, when they

split, they secrete prussic acid, which is dangerous for all living things. This gave them the ability to attract and kill pests.

Cherry Berries contain a complex of antioxidants, which makes them indispensable for those who seek to prolong youth and maintain good health until old age. According to the concentration of anthocyanins, which are included in the list of the most powerful antioxidants, they surpassed even cranberries. This plant pigment is not synthesized in the human body, but it has incredibly attractive properties. It improves vision, increases the elasticity of capillaries, prevents DNA damage, prevents the formation of tumors and slows down aging. The composition of all parts of the bird cherry includes tannins, essential oils, fruit sugar, flavonoids, organic acids, pectin and alkaloids. The mineral composition is represented by cobalt, zinc, manganese, copper and iron. Vitamin – P, E, C, A. phytoncides Present in bird cherry give it antimicrobial, choleric and diuretic action. Attention! During the flowering period, the plant secretes prussic acid, which can provoke headache, nausea or more serious consequences.

Pharmacological properties of cherry: Berries have antioxidant, astringent, bactericidal and anti-inflammatory effects. The components included in their composition restore the functions of the stomach and intestines, normalize the acid-base balance, increase potency. However, they are contraindicated to use when planning pregnancy, as they show contraceptive activity. The juice of the fruit can be drunk in case of fever, as it has a diaphoretic and diuretic effect. In addition, the drink provides prevention of scurvy. The leaves of the plant have an expectorant, fortifying and tonic effect. Decoctions and infusions of them are drunk for colds and used for rinsing with some dental problems, for example, with gingivitis. Cherry blossoms suppress inflammation and accelerate the healing of damaged tissues. Bark is a diaphoretic and diuretic.

Cosmetic properties: cherry extract is introduced into the formulations of cosmetics. It stimulates the synthesis of collagen, helping to smooth out wrinkles and tighten sagging skin. Thanks to the high concentration of vitamin C, the pores are cleaned and narrowed. A diverse vitamin and mineral composition provides nutrition to the skin. Contraindications and side effects bird Cherry is contraindicated during pregnancy and its planning. Moreover, it is impossible not only to consume the fruits of the plant, but also to inhale their aroma, since phytoncides, splitting, secrete prussic acid, which is dangerous for health. Everyone, without exception, can not use crushed fruits and berries with untreated bones, because they have the highest concentration of prussic acid. Methods of application bird Cherry can be purchased in the form of alcohol tincture, extract and dried vegetable raw materials, from which decoctions and infusions are made: Broth – 1 tbsp. l. raw materials pour 200 ml of boiling water, cook for 20 minutes, insist for 10 minutes and filter. Infusion – 10 g or 1 tbsp. l. raw materials pour 200 ml of boiling water, warm up for a couple under the lid for 15 minutes, cool, filter, bring the volume of water to 200 ml.

Everyone knows that forest air is very good for health, and one of the most important reasons for this is the presence of phytoncides in it, which kill or suppress pathogens and have a healing effect. Do not think that by releasing phytoncides, plants take care of our well – being-they protect themselves first of all. Phytoncides of plants have different chemical nature. As a rule, it is a complex of compounds-glycosides, terpenoids, tannins and other substances that do not belong to the three main classes of natural compounds – proteins, carbohydrates and fats.

Phytoncides (from Greek φυτόν — "plant" and lat. caedo - "kill") - volatile biologically active substances formed by plants that kill or inhibit the growth and development of bacteria, microscopic fungi, protozoa. The term was proposed by B. p. Tokin in 1928.

The composition of the volatile. Phytoncides are all volatile substances released by plants, including those that are almost impossible to collect in noticeable quantities. These phytoncides are also called "native antimicrobial substances of plants". The chemical nature of phytoncides is essential to their function, but the term "phytoncides" is not explicitly stated. It can be a complex of compounds, for example, terpenoids, or other so-called secondary metabolites. Characteristic representatives of phytoncides are essential oils extracted from plant raw materials by industrial methods.

The effect of volatile. Native phytoncides play an important role in plant immunity and in the relationships of organisms in biogeocenoses. The release of a number of phytoncides increases when

plants are damaged. Volatile phytoncides (LAVS) are able to exert their effect at a distance, for example, phytoncides of oak leaves, eucalyptus, pine, and many others. The strength and spectrum of antimicrobial action of phytoncides are very diverse. Phytoncides of garlic, onion, horseradish, red pepper kill many types of protozoa, bacteria and lower fungi in the first minutes and even seconds. Volatile phytoncides destroy protozoa(infusoria), many insects in a short time (hours or minutes).

Phytoncides are one of the factors of natural immunity of plants (plants sterilize themselves with the products of their vital activity).

As one of the factors of plant immunity, phytoncides play an important role in the relationship between the organisms that make up the biogeocenoses. One hectare of pine forest releases about 5 kg of volatile phytoncides into the atmosphere per day, juniper forest-about 30 kg, reducing the amount of microflora in the air. Therefore, in coniferous forests (especially in young pine forests), regardless of the geographical latitude and proximity of settlements, the air is practically sterile (contains only about 200-300 bacterial cells per 1 m³), which is of interest to hygienists, balneologists, specialists in urban landscaping, etc. It is established that plants of one species inhibit or, on the contrary, stimulate pollen germination, growth and development of plants of other species. For example, phytoncides of wheat grass and oats stimulate the germination of alfalfa pollen, and phytoncides of Timothy inhibit this process. The discovery of these properties of phytoncides influenced the emergence of research in the field of allelopathy.

Antimicrobial properties of phytoncides have led to a large number of studies on their use in medicine, veterinary medicine, plant protection, storage of fruits and vegetables, in the food industry, and other areas of practice.

In addition to all of the above, the bird cherry has exceptional properties. The strong, somewhat intoxicating fragrance of the flowers and leaves cleanses the air of germs. Bird cherry produces the most powerful phytoncides containing prussic acid. Protozoa die under the influence of bird cherry phytoncides in 5 minutes. Mush from crushed cherry leaves releases substances that kill bacteria and mold spores. Mosquitoes and horseflies were placed in a glass jar with crushed cherry leaves - they died in a few seconds, and 4 crushed cherry buds killed the most persistent ticks in 15 minutes. Especially a lot of phytoncides are released by young leaves in spring and summer, in autumn phytoncides are released much less.

Experimental part

Method for determining the phytoncidal activity of extracts according to B.P. Tokin

The laboratory of Professor B. P. Tokin has discovered more than 500 plant species with phytoncidal properties. Of these, about 90 species of houseplants. These are white-spotted begonia, spring primrose, sweet-scented pelargonium, white oleander, elastic ficus, Andre philodendron, ferns, venus hair, sawtooth pteris, high nephrolepis. On the basis of numerous studies, the time of death of protozoa after non-contact exposure to phytoncidal plants was established.

Cheremisa vulgaris - 4-5 minutes.

Oak petiolate - 5 minutes.

Lemon tree - 5 minutes.

Atlas cedar - 3 minutes.

Pyramid cypress -6 minutes.

Berry yew - 6 minutes.

Bird cherry - 5 minutes.

Juniper Cossack - 7 minutes.

Silver poplar - 9 minutes.

Scots pine - 10 minutes.

Borodivnaya birch - 20 minutes.

Mint-25 minutes.

Maple - 20 minutes.

Yarrow - 50 minutes.

The methodology of the experiment (according to B. P. Tokin).

1. In a ceramic mortar, rub the leaves or needles of the plant under study, the action of which phytoncides must be checked.
2. Squeeze a few drops of the juice of the plant under study through a cheesecloth.
3. In a small glass (50 — 100 ml), place a lump of forest soil, add a little water, mix, let the solid soil particles settle. Take a drop of water from a glass with a pipette, apply it to the slide and cover it with a cover glass. View the drug first under a small, and then under a large magnification. You can see a variety of types of soil organisms and their active movement in a drop of water.
4. Draw different types of soil protozoa found in the preparation.
5. Add a drop of the prepared juice from the leaves of the plants under the cover glass.
6. Observe the movement of the protozoa for a few minutes. Record the results of observations.

SETTING UP AN EXPERIMENT.

1. We received the juice from the leaves of birch, poplar, oak, mountain ash, placed in different mortars. From the bark of bird cherry, pine needles received an extract. The volumes of the studied juices and extracts are equal to 0.5 ml.
2. The activity of protozoa was determined before contact with phytoncides (under a microscope).
3. Add a drop of birch sap to the soil extract on the slide.
4. Recorded the time during which the death of protozoa occurs after exposure to plant extract.

The experiment data was added to the table 1
 Table 1 - Determining the activity of protozoa

PLANT SPECIES	ACTIVITY OF PROTOZOA BEFORE CONTACT WITH PHYTONCIDES	ACTIVITY OF PROTOZOA AFTER CONTACT WITH PHYTONCIDES
WARTY BIRCH	ACTIVE	TRAFFIC SLOWED, DEATH IN 20 MINUTES
BALSAMIC POPLAR	ACTIVE	QUICK DEATH IN 5 MINUTES
SCOTS PINE	ACTIVE	PASSIVE MOVEMENT DEATH IN 7 MINUTES
PEDUNCULATE OAK	ACTIVE	TRAFFIC SLOWED DOWN DEATH IN 22 MINUTES
COMMON BIRD CHERRY	ACTIVE	VERY FAST DEATH IN 4 MINUTES
MOUNTAIN ASH	ACTIVE	TRAFFIC SLOWED, DEATH IN 25 MINUTES

Setting up an experiment with houseplants similarly obtained juice from the leaves of white-spotted begonia, spring primrose, sweet-scented pelargonium, and elastic ficus.

We got the following results:

Table 2 - Determination of the activity of houseplants

PLANT TYPE	ACTIVITY OF PROTOZOA BEFORE CONTACT WITH PHYTONCIDES	ACTIVITY OF PROTOZOA AFTER CONTACT WITH PHYTONCIDES
WHITE-SPOTTED BEGONIA	ACTIVE	DEATH IN 12 MINUTES
SPRING PRIMROSE	ACTIVE	TRAFFIC SLOWED, DEATH IN 20 MINUTES
PELARGONIUM SCENTED	ACTIVE	VERY FAST DEATH IN 3-4 MINUTES
ELASTIC FICUS	ACTIVE	DEATH IN 15 MINUTES

Conclusion

Plant extracts with phytoncidal properties destroy microorganisms several times faster than extracts of non-phytoncidal plants.

Experiments have shown that the most destructive for protozoa are the extract of cherry juice. In landscaping areas of a residential city, it is necessary to use phytoncidal plants: bird cherry, birch, oak, pine, poplar, and in offices, white-spotted begonia, spring primrose, fragrant pelargonium, elastic ficus.

Нагуман П.Н.¹, Жорабек А.А.¹, Аманжолова А.С.¹, Кулаков И.В.², Рахимбаева А.Н.¹

¹Қарағанды техникалық университеті, Қарағанды, Қазақстан;

²Тюмень мемлекеттік университеті, Тюмень, Ресей.

E-mail: pnaguman@mail.ru

КӘДІМГІ МОЙЫЛ ҚҰРАМЫНДАҒЫ ФИТОНЦИДТЕР

Аннотация. Орман ауасының денсаулыққа өте пайдалы екенін бәрі біледі, және мұның маңызды себептерінің бірі-қоздырғыштарды өлтіретін немесе басатын және емдік әсері бар ұшпа заттардың болуы. Сондай-ақ, фитонцидтер өсімдіктердің табиғи иммунитетінің факторларының бірі болып табылады (өсімдіктер өздерінің өмірлік белсенділігінің өнімдерімен зарарсыздандырылады). Олардың көп бөлігі өсімдіктерді ерекшелейді. Олардың бірі-құс шие. Құс шие-Rosaceae тұқымдасының өрік тұқымының өкілі. Олардың түріне төмен ағаштар мен бұталар кіреді. Құс шие-орман тазалағыш. Оның гүлдері мен жапырақтары фитонцидтерге бай, соның арқасында олар тартымды хош иіс шығарады. Алайда, бөліну кезінде олар барлық тіршілік иелері үшін қауіпті гидроциан қышқылын шығарады. Бұл оларға зиянкестерді құртуға және жоюға мүмкіндік берді. Ұшпа-бактериялардың, микроскопиялық саңырауқұлақтардың, протозойдардың өсуі мен дамуын өлтіретін немесе тежейтін өсімдіктер түзетін Ұшпа биологиялық белсенді заттар. Жоғарыда айтылғандардың бәрінен басқа, құс шие ерекше қасиеттерге ие. Гүлдер мен жапырақтардың күшті, аздап мас күйінде хош иісі микробтардың ауасын тазартады. Фитонцидтердің микробқа қарсы қасиеттері оларды медицинада, ветеринарияда, өсімдіктерді қорғауда, жеміс-көкөніс өнімдерін сақтауда, тамақ өнеркәсібінде және тәжірибенің басқа салаларында қолдану бойынша көптеген зерттеулерге әкелді.

Өсімдіктің барлық дерлік бөліктері бактерицидтік, фунгицидтік және инсектицидтік қасиеттерге ие. Халықтық медицинада құс шие ежелден тұтқыр, бекітетін, қабынуға қарсы және анти-зинготикалық агент ретінде қолданылған. Құс шие құрамында гидроциан қышқылы бар ең күшті ұшпа заттар шығарады. Протозоа 5 минуттан кейін құс шиенің Ұшпа әсерінен өледі. Көптеген зерттеулер негізінде фитонцидті өсімдіктердің жанаспайтын әсерінен кейін протозойдардың өліп қалу уақыты анықталды. Әсіресе көптеген фитонцидтер көктем мен жазда жас жапырақтармен ерекшеленеді, күзде фитонцидтер аз бөлінеді.

Жемістерде таниндер мен эфир майының болуы қабынуға қарсы әсерге ие, ол асқазан-ішек жолдары мен дизентериядағы қабыну процестерін емдеу үшін қолданылады. Микроорганизмдер черемуханың жеміс тұнбасының бүлінуін көрсетеді. Құс шие жемістерінің препараттары антисептикалық әсерге ие. Стоматологиялық тәжірибеде ауыз қуысының шырышты қабығының қабыну процестерін емдеуде, парадонтоз, тіс ауруы және С гиповитаминозымен қолданылады.

Түйін сөздер: мойыл, фитонцидтер, өсімдік, бактериялар, қарапайымдар, пайдалы қасиеттер.

Нагуман П.Н.¹, Жорабек А.А.¹, Аманжолова А.С.¹, Кулаков И.В.², Рахимбаева А.Н.¹

¹Қарагандинский технический университет, Караганда, Казахстан;

²Тюменский государственный университет, Тюмень, Россия.

E-mail: pnaguman@mail.ru

ФИТОНЦИДЫ В СОСТАВЕ ЧЕРЕМУХИ ОБЫКНОВЕННОЙ

Аннотация. Всем известно, что лесной воздух очень полезен для здоровья, и одной из важнейших причин этого является наличие в нем фитонцидов, которые убивают или подавляют болезнетворные микроорганизмы и оказывают целебное действие. Также фитонциды являются одним из факторов естественного иммунитета растений (растения стерилизуют себя продуктами своей жизнедеятельности). Их большое количество выделяют растения. Одним из них является черемуха обыкновенная. Черемуха-представитель рода сливы семейства розоцветных. Вид включает в себя невысокие деревья и кустарники. Черемуха-лесной санитар. Его цветы и листья богаты фитонцидами, благодаря которым они источают манящий аромат. Однако при расщеплении они выделяют синильную кислоту, которая опасна для всего живого. Это давало им возможность привлекать и уничтожать вредителей. Фитонциды - летучие биологически активные вещества, образующиеся растениями, которые убивают или подавляют рост и развитие бактерий, микроскопических грибов, простейших. Помимо всего вышеперечисленного, черемуха обладает исключительными свойствами. Сильный, несколько опьяняющий аромат цветов и листьев очищает воздух от микробов. Антимикробные свойства фитонцидов привели к большому количеству исследований по их применению в медицине, ветеринарии, защите растений, хранении плодовоовощной продукции, в пищевой промышленности и других областях практики.

Почти все части растения обладают бактерицидными, фунгицидными и инсектицидными свойствами. В народной медицине черемуху издавна используют как вяжущее, закрепляющее, противовоспалительное и противочинготное средство. Черемуха производит самые мощные фитонциды, содержащие синильную кислоту. Простейшие погибают под воздействием фитонцидов черемухи через 5 минут. На основании многочисленных исследований установлено время гибели простейших после бесконтактного воздействия фитонцидных растений. Особенно много фитонцидов выделяется молодыми листьями весной и летом, осенью фитонцидов выделяется гораздо меньше.

Наличие в плодах дубильных веществ и эфирного масла оказывает противовоспалительное действие, которое используют для лечения воспалительных процессов в желудочно-кишечном тракте и дизентерии. Настой плодов черемухи оказывает губительное действие на микроорганизмы. Препараты плодов черемухи обыкновенной оказывают антисептическое действие. Применяются в стоматологической практике при лечении воспалительных процессов слизистой полости рта, при парадонтозе, зубной боли и гиповитаминозе С.

Ключевые слова: черемуха, фитонциды, растение, бактерии, простейшие, полезные свойства.

Information about authors:

P.N. Naguman – Candidate of Chemical Sciences, Associate Professor, Karaganda State Technical University, Kazakhstan, e-mail: pnaguman@mail.ru, <https://orcid.org/0000-0002-2361-7033>.

A.A. Zhorabek – master of engineering and technology, Karaganda State Technical University, Kazakhstan, aia86@mail.ru, <https://orcid.org/0000-0002-4309-9720>.

A. S.Amanzholova -master of chemical sciences, teacher's assistant, Karaganda State Technical University, Kazakhstan, aidana455.kz@mail.ru, <https://orcid.org/0000-0002-9245-7168>.

I.V. Kulakov – Candidate of Chemical Sciences, Tyumen State University, e-mail: ivankul@mail.ru, orcid.org/0000-0001-5772-2096.

A.N. Rakhimbaeva, Master's degree in chemical technology of organic substances, Karaganda State Technical University, e-mail: aigera__98r@mail.ru, <https://orcid.org/0000-0002-6906-1384>

REFERENCES

[1] B.P. Tokin, Phytoncides, 2nd ed., Moscow, 1951, http://www.real-арoma.ru/Tokin/Tokin_fiton.htm ;

[2] Phytoncides and their role in nature, L., 1957; Verderevsky D. D., immunity of plants to parasitic diseases, M., 1959, <https://bookree.org/reader?file=1426756> ;

[3] Phytoncides and their biological role and significance for medicine and national economy. K., 1967; Zelepukha S. I.,

https://www.researchgate.net/publication/341035236_IODINE_THE_BIOLOGICAL_ROLE_AND_SIGNIFICANCE_FOR_MEDICAL_PRACTICE

[4] Antimicrobial properties of plants used for food, K., 1973; Tokin B. P., https://www.researchgate.net/publication/326199888_The_potential_antibacterial_properties_of_plants_used_in_food_preparations

[5] Medicinal poisons of plants. The tale of phytoncides, 2 ed., L., 1974, <https://knigifb2.org/medichina-zdorovie-krasota/4793-boris-tokin-celebnye-yady-rastenyi-povest-o-fitoncidah-1974-pdf.html>

[6] Phytoncides. Experiment. Research, questions of theory and practice, K., 1975. B. P. Tokin. https://www.researchgate.net/publication/269583382_Critical_Thinking_Theory_Research_Practice_and_Possibilities

[7] Takibayeva A.T., Kulakov I.V., Kapbassova A.S., Sydykova D.M., Rakhimberlinova Zh.B. Optimization of methods of quantitative determining flavanoids in knotweed raw material // News of the Academy of sciences of the Republic of Kazakhstan, series chemistry and technology. – 2019. № 5. – P. 88-91. <https://doi.org/10.32014/2019.2518-1491.58>.

[8] Rakhimberlinova Zh.B., Mustafina G.A., Takibayeva A.T., Kulakov I.V., Isakov A.R., Nazarova O.G. Synthesizing nitrile-containing glyconitrile (co)polymers // News of the National Academy of sciences of the Republic of Kazakhstan, series chemistry and technology. – 2020. № 3. – P. 73-79. <https://doi.org/10.32014/2020.2518-1491.46>

МАЗМҰНЫ – СОДЕРЖАНИЕ – CONTENTS

Appazov N.O., Diyarova B.M., Bazarbayev B.M., Assylbekkyzy T., Kanzhar S.A. RICE STRAW AND HUSK OIL SLUDGE FOR PROCESSING THROUGH THE USE OF LIGNOSULFONATE AS A BINDER WITH ACTIVATED CHARCOAL.....	5
Kalmakhanova M.S., Amantaikyzy A., Diaz de Tuesta J.L., Seitbekova G.A., Dardenbaeva A.S., Reimbaeva S. NEW ADSORBENTS DEVELOPED FROM NATURAL CLAYS TO REMOVE NI (II) FROM WASTEWATER.....	13
Grozina A. INFLUENCE OF VARIOUS FEED ADDITIVES ON THE ACTIVITY OF CHYME AND BLOOD PLASMA ENZYMES OF YOUNG MEAT CHICKEN OF ORIGINAL LINE.....	22
Madet G., Bayazitova M.M. RESEARCH OF MALTING PROPERTIES OF KAZAKHSTAN TRITIKALE GRAIN VARIETIES FOR USE IN THE BEVERAGE INDUSTRY.....	30
Макенова А.А., Кекибаева А.К. КВАС ДАЙЫНДАУ ҮШІН ҚАРАҚҰМЫҚ ШИКІЗАТЫНЫҢ НЕГІЗІНДЕГІ ЫСҚЫЛАУ РЕЖІМІН ЖАСАУ	38
Naguman P.N., Zhorabek A.A., Amanzholova A.S., Kulakov I.V., Rakhimbaeva A.N. PHYTONCIDES IN THE COMPOSITION OF COMMON BIRD CHERRY.....	47
Парманкулова П.Ж., Жолдасбекова С.А. ТЕОРЕТИЧЕСКИЕ МОДЕЛИ ПОДХОДОВ К ИНВАЛИДНОСТИ В РЕСПУБЛИКЕ КАЗАХСТАН.....	54
Semenov V.G., Yelemesov K.Ye., Alentayev A.S., Tyurin V.G., Baimukanov A.D. ADAPTOGENESIS AND BIOLOGICAL POTENTIAL OF CATTLE ON COMMERCIAL DAIRY FARM.....	65
Tuleshova Z., Baigazieva G.I., Askarbekov E. INVESTIGATION OF THE COMPOSITION OF POLYPHENOLIC SUBSTANCES OF THE JUICE FROM ARTICHOKE TUBERS.....	74
Shunekeyeva A.A., Alimardanova M.K., Majorov A.A. , Yeszhanov G.S., Kolyugina O.V. IMPROVING SENSORY AND QUALITY PROPERTIES OF YOGURTS FROM GOAT'S MILK.....	83

**Publication Ethics and Publication Malpractice
in the journals of the National Academy of Sciences of the Republic of Kazakhstan**

For information on Ethics in publishing and Ethical guidelines for journal publication see <http://www.elsevier.com/publishingethics> and <http://www.elsevier.com/journal-authors/ethics>.

Submission of an article to the National Academy of Sciences of the Republic of Kazakhstan implies that the described work has not been published previously (except in the form of an abstract or as part of a published lecture or academic thesis or as an electronic preprint, see <http://www.elsevier.com/postingpolicy>), that it is not under consideration for publication elsewhere, that its publication is approved by all authors and tacitly or explicitly by the responsible authorities where the work was carried out, and that, if accepted, it will not be published elsewhere in the same form, in English or in any other language, including electronically without the written consent of the copyright-holder. In particular, translations into English of papers already published in another language are not accepted.

No other forms of scientific misconduct are allowed, such as plagiarism, falsification, fraudulent data, incorrect interpretation of other works, incorrect citations, etc. The National Academy of Sciences of the Republic of Kazakhstan follows the Code of Conduct of the Committee on Publication Ethics (COPE), and follows the COPE Flowcharts for Resolving Cases of Suspected Misconduct (http://publicationethics.org/files/u2/New_Code.pdf). To verify originality, your article may be checked by the Cross Check originality detection service <http://www.elsevier.com/editors/plagdetect>.

The authors are obliged to participate in peer review process and be ready to provide corrections, clarifications, retractions and apologies when needed. All authors of a paper should have significantly contributed to the research.

The reviewers should provide objective judgments and should point out relevant published works which are not yet cited. Reviewed articles should be treated confidentially. The reviewers will be chosen in such a way that there is no conflict of interests with respect to the research, the authors and/or the research funders.

The editors have complete responsibility and authority to reject or accept a paper, and they will only accept a paper when reasonably certain. They will preserve anonymity of reviewers and promote publication of corrections, clarifications, retractions and apologies when needed. The acceptance of a paper automatically implies the copyright transfer to the National Academy of Sciences of the Republic of Kazakhstan.

The Editorial Board of the National Academy of Sciences of the Republic of Kazakhstan will monitor and safeguard publishing ethics.

Правила оформления статьи для публикации в журнале смотреть на сайтах:

[www:nauka-nanrk.kz](http://www.nauka-nanrk.kz)

ISSN 2518-1629 (Online), ISSN 2224-5308 (Print)

<http://biological-medical.kz/index.php/en/>

Редакторы: *М.С. Ахметова, Д. С. Аленов, А. Ботанқызы*
Верстка на компьютере *Зикирбаева В.С.*

Подписано в печать 15.02.2021.
Формат 60x881/8. Бумага офсетная. Печать – ризограф.
4,6 п.л. Тираж 300. Заказ 1.